



Holy Cross

September 14

What is the Holy Cross?

Being the universal symbol of the Christian faith, the Holy Cross celebrates its feast day on September 14 of every year. From a brutal instrument of death, on this feast day we celebrate its transformation into a divine instrument that brings hope to all humankind.

The Feast of the Holy Cross commemorates the discovery of the True Cross, which is believed to be the actual Cross upon which Jesus Christ was crucified. According to tradition, St. Helena, the mother of Emperor Constantine the Great, embarked on a pilgrimage to Jerusalem in the 4th century. During her visit, she sought to locate the True Cross and ran excavations that led to the discovery of three crosses. To determine which one was the cross of Christ, a dying woman was brought before the crosses. Miraculously, she was healed when she touched the True Cross, affirming its authenticity.

The Feast of the Holy Cross serves as a time of reflection and reverence for the most commonly-used symbol of Christianity. It is a celebration of the victory of Christ over sin and death, reminding us of the amazing journey of Jesus's life. Christians worldwide engage in special prayers, liturgies and processions to honour the Holy Cross and remember the sacrifice of Jesus.

The observance of the Feast of the Holy Cross also holds a spiritual significance in that it serves as a reminder of the call to take up one's own cross and follow Christ. The Cross becomes a symbol of hope, salvation and the transformative power of faith.

Throughout the centuries, the Feast of the Holy Cross has been celebrated with devotion and solemnity. It is a time for Christians to draw closer to the Cross, seeking forgiveness, renewal and strength in their spiritual journey. The significance of the Cross as a symbol of faith and divine love continues to inspire and guide believers, providing a constant reminder of the ultimate sacrifice Jesus made for all of us.

More information: [Click Here!](#)

Holy Cross CA Website [Click Here](#)



Quotes

"God has, in his wisdom, foreseen from eternity the Cross that He now presents to you as a gift from His inmost heart."

- St. Francis de Sales

"Remember that when your heart feels restless, when your heart feels hurt, when your heart feels like breaking... 'I am precious to Him. He has called me by name. I am His. He loves me.' And to prove that love He died on the Cross."

- St. Teresa of Calcutta

"In difficult moments, I will fix my gaze upon the silent Heart of Jesus stretched on the Cross, and from the exploding flames of His merciful Heart, will flow down upon me power and strength to keep fighting."

– St. Faustina

Prayer

In the name of the Father, and of the Son and of the Holy Spirit;

Oh Lord Almighty, You have suffered death at the Cross for our sins.

Oh Holy Cross of Jesus, be my true light and fill my soul with good thoughts.

Oh Holy Cross, help me in my salvation and safeguard me against unholy thoughts and worldly dangers.

Have pity on me, Holy Cross of Jesus! Be my hope and have mercy on me forever.

Dear Jesus, grant me strength to bear the cross as Yourself.

Teach me to bear it with great humility and fill me with the Holy Spirit.

Amen.

Patron Saint

Universal
Church

Salvation and
Redemption

Christian
Discipleship

Healing and
Protection

Reconciliation

Unity





York Catholic District School Board



**Holy
Cross CA**

FEAST DAY:
September 14

SCHOOL LOCATION:
Woodbridge, ON

*"With arms outstretched
on the cross. Jesus took
holy God in one hand
and sinful man with the
other and brought the
two together."*

— Steven J Lawson

PATRON OF:

- Universal Church
- Salvation & Redemption
- Christian Discipleship
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- Unity

